



# BetaMega<sup>3</sup>



## (Algal DHA Powder) Nutrition Facts

### NUTRITIONAL ANALYSIS

Serving Size: 1.0 g

Analytes	Units	Results Per 100g	Amount Per Serving	Test Date	Test Location
Calories USA	Cal	535	5.4	12/05/2017	
Total Fat as Triglycerides	g	30.53	0.31	12/05/2017	MARKHAM
Saturated Fatty Acids	g	12.27	0.12	12/05/2017	
cis-Monounsat Fatty Acids	g	3.86	0.04	12/05/2017	
cis-Polyunsat Fatty Acids	g	13.09	0.13	12/05/2017	
Omega-6 Fatty Acids	g	0.31	<0.01	12/05/2017	
Omega-3 Fatty Acids	g	12.78	0.13	12/05/2017	
Trans Fatty Acids	g	<0.10	<0.01	12/05/2017	
Conjugated Linoleic Acid	g	<0.10	<0.01	12/05/2017	
Cholesterol	mg	31.6	0.3	11/24/2017	MARKHAM
Sodium	mg	43.8	0.4	11/27/2017	MARKHAM
Potassium	mg	1910	19.1	11/27/2017	MARKHAM
Carbohydrates	g	64.7	0.6	12/05/2017	
Total Dietary Fibre	g	4.1	<0.1	12/01/2017	MARKHAM
Total Sugars	g	0.28	<0.1	12/04/2017	MARKHAM
Fructose	g	<0.2		12/05/2017	
Glucose	g	<0.2		12/05/2017	
Sucrose	g	0.28		12/05/2017	
Maltose	g	<0.5		12/05/2017	
Lactose	g	<0.5		12/05/2017	
Protein (F=6.25)	g	0.4	<0.1	11/24/2017	MARKHAM
Calcium	mg	8.6	0.1	11/27/2017	MARKHAM
Iron	mg	0.30	<0.1	11/27/2017	MARKHAM
Ash	g	2.66	0.03	11/27/2017	MARKHAM
Moisture	g	1.67	0.02	11/23/2017	MARKHAM

\*\* The reported Total Sugars value is the sum of all naturally occurring and added sugars. Quantifying added sugars must be separately performed using food formulas, production records, and ingredient specifications.

**Ingredients\*:** 47% Dextrin, 30% 400mg/g Omega-3 DHA (Vegetarian Algal Oil), 8% Potassium Bicarbonate (Natural Mineral), 6% Green Tea Extract (Antioxidant), 3% Vitamin C\*\* (as Ascorbic Acid), (an Antioxidant), 5% Oleic Acid (Fatty Acid), <1% Vitamin E as natural Alpha Tocopherol Succinate and <1% Sucrose, Stevia and Natural Flavor.

Slight Deviations of analytical data are within the tolerance limits of the methodology.